DRIVER EDUCATION – Refresh Knowledge of the Rules of the Road

AAA RoadWiseDriver: Online only

AARP Smart Driver Course: In-person and online
619-641-7020 | aarp.org/driversafety

Lifelong Driver Program: Interactive computer course
855-839-9090 | lifelongdriver.com

Check the Internet for driver education schools in your community

DRIVER SELF-ASSESSMENT TOOLS

“Am I A Safe Driver?” A checklist for older drivers to identify risks

DRIVESHARP: Online tool to see more, focus better, and react faster
www.drivesharp.com

Drivers 65 Plus: A 15-question self-rating tool to determine driving performance
https://seniordriving.aaa.com/evaluate-your-driving-ability/self-rating-tool/

Roadwise RX: Online tool for understanding how an individual’s medications can impact driving
roadwiserx.com

DRIVER EVALUATION PROGRAMS – Physician Referral Required

Statewide
California Occupational Therapist Driving Programs
treds.ucsd.edu/driver-evaluation/

San Diego County
Driver Rehab Specialists, Inc.
760-510-5969 | drivesafeSanDiego.com

Scripps Memorial Hospital Encinitas
760-633-6507 | scripps.org/drivingsimulator

Sharp Memorial Hospital
858-939-6942 | sharp.com/services/rehab/adapted-driving.cfm

CAR COMFORT AND SAFETY

Smart Features for Older Adults: Adapting a vehicle to accommodate physical changes
seniordriving.aaa.com/SmartFeatures

Assistive Accessories for Your Car: Devices to optimize comfort and safety
bit.ly/assist-accessories

CarFit: Program evaluates how well a driver and their vehicle ‘fit’ for safety and comfort
car-fit.org
ADAPTIVE EQUIPMENT FOR VEHICLES
Resources for non-prescription items such as the handybar, leg lifter or swivel seat

Eric’s Medical Supply – local retailer at 5251 Linda Vista Road, San Diego 92110
619-298-9640 | ericsmedicalsupply.com

Performance Health - items available online
800-323-5547 | performancehealth.com

In-store: Walmart, drug stores, automotive stores
Online: Allegromedical.com; Amazon.com

ADDITIONAL RESOURCES

Aging and Independence Services, County of San Diego: Services to older adults
800-510-2020 | http://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais.html

California Department of Motor Vehicles dmv.ca.gov
Drivers Handbook dmv.ca.gov/web/eng_pdf/dl600.pdf
Information for Seniors bit.ly/TREDS_DMV
Practice Tests - Sample questions to prepare to take a written test
dmv.ca.gov/portal/dmv/detail/pubs/interactive/tdrive/exam
Senior Ombudsman Program - a free service to assist older drivers with DMV-related issues
San Diego/Orange County: Ismael Anda 714-705-1588

California Highway Patrol: Provides "Age Well, Drive Smart" classes in the community
To find your local CHP office, go to www.chp.ca.gov/find-an-office

ChORUS: Clearinghouse for Older Road User Safety: A centralized source of
information pertaining to highway safety for aging drivers roadsafeseniors.org

Getting by Without Driving: Transportation options for when one stops driving
https://bit.ly/2MmVxID

Getting There Worksheet: Questions to ask about alternative transportation options
https://bit.ly/2OKg6vA

National Highway Traffic Safety Administration: Information on driver safety issues
www.nhtsa.dot.gov

Transportation Cost Worksheet: Determines the annual expense of owning and operating a car
https://bit.ly/2O01MIR

UC San Diego is not responsible for, and expressly disclaims all liability for, damages of any kind resulting from use, reference to, or reliance on any information on this list. Inclusion on the list does not imply endorsement.