RESOURCES
FOR SAFE DRIVING

DRIVER EDUCATION - Refresh Knowledge of the Rules of the Road

**AAA Mature Driver Course** - online only
aaa.com/defensivedriving

**AARP Smart Driver Course** - in-person and online
(619) 641-7020  |  aarp.org/driversafety

**Drive Safely** - online only
(866) 388-9068  |  idrivesafely.com

DRIVER SELF-ASSESSMENTS TOOLS

**Lifelong Driver Program** - interactive computer course to improve essential driver skills
(855) 839-9090  |  lifelongdriver.com

**Roadwise RX** - online tool for understanding how your medications can impact driving
roadwiserx.com

DRIVING EVALUATION PROGRAMS - Physician Referral Required

**National Program Locater**

**California Occupational Therapist Driving Programs**
treds.ucsd.edu/driver-evaluation/

**American Occupational Therapy Association**
aota.org/older-driver

**Association of Driver Rehabilitation Specialists**
(866) 672-9466  |  bit.ly/aded1
CAR COMFORT AND SAFETY

Smart Features for Older Adults - adapting a vehicle to accommodate physical changes
seniordriving.aaa.com/SmartFeatures

Assistive Accessories for Your Car - devices to optimize comfort and safety
bit.ly/assist-accessories

CarFit - educational program evaluates how well a driver and their vehicle ‘fit’ for safety and comfort
car-fit.org

ADAPTIVE EQUIPMENT FOR VEHICLES

Resources for non-prescription items such as the handybar, leg lifter or swivel seat

Performance Health - items available online
(800) 323-5547  performancehealth.com

Local Retailers - Walmart, Drug Stores, Automotive Stores such as Pep Boys; online at Amazon.com

ADDITIONAL RESOURCES

California Highway Patrol - provides “Age Well, Drive Smart” classes in the community
To find your local CHP office, go to www.chp.ca.gov/find-an-office

DMV Senior Ombudsman Program - a free service to assist older drivers with DMV-related issues
Ismail Anda: (714) 705-1588  bit.ly/TREDS_DMV

National Highway Traffic Safety Administration - comprehensive information on driver safety issues
www.nhtsa.dot.gov

TREDS - Training, Research and Education for Driving Safety, UC San Diego - programs for professionals and the community to promote roadway safety
(858) 534-9330  treds.ucsd.edu

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