



Just Drive

TAKE ACTION AGAINST DISTRACTION

The UC San Diego Training, Research and Education for Driving Safety program offers **Just Drive - Take Action Against Distraction** to promote safe and responsible driving on California roadways.

WHAT IS THE PROBLEM?

Distracted driving now joins alcohol and speeding as a leading cause of motor vehicle injury collisions. Research has shown that talking on the phone while driving increases the risk of collision four-fold, while texting increases crash risk by 8 to 23 times. It is estimated that every 30 seconds there is a crash involving cellphones in the U.S.

WHAT IS 'JUST DRIVE'?

A free one-hour class delivered by Officers of the California Highway Patrol. It is available to businesses, schools, and community organizations.

WHAT WILL PARTICIPANTS LEARN?

- Risks associated with driving distracted
- Consequences distracted driving can have on one's life emotionally, physically, and financially
- Practical strategies for reducing distracted driving habits and influencing others
- Distracted driving laws in California

WHAT ARE THE POTENTIAL BENEFITS TO EMPLOYERS?

- Demonstrate concern for employee health and safety
- Reinforcement of agency cell phone policies
- Safer employees on the road, both on and off the job
- Contribute to improving safety on California roadways

**For more information or to schedule a class,
contact your local CHP office at chp.ca.gov**

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TREDS
TRAINING, RESEARCH AND EDUCATION
FOR DRIVING SAFETY



OTS CALIFORNIA OFFICE OF
TRAFFIC SAFETY