DRIVER EDUCATION – Refresh Knowledge of the Rules of the Road

**AAA RoadWiseDriver:** Online only  
877-476-1254 | california.aaadriverprogram.com/road-wise

**AARP Smart Driver Course:** In-person and online  
800-350-7025 | aarp.org/driversafety

**Lifelong Driver Program:** Interactive computer course  
855-839-9090 | lifelongdriver.com

Check the internet for driver education schools in your community

DRIVER SELF-ASSESSMENT TOOLS

“Am I A Safe Driver” A checklist for older drivers to identify risks  
bit.ly/am-i-safe

**DRIVESHARP:** Online tool to see more, focus better, and react faster  
drivesharp.com

**Drivers 65 Plus:** A 15-question self-rating tool to determine driving performance  
bit.ly/self-rating

**Roadwise RX:** Online tool for understanding how an individual’s medications can impact driving  
roadwiserrx.com

DRIVER EVALUATION PROGRAMS – Physician Referral Required

**Statewide**

California Occupational Therapist Driving Programs  
treds.ucsd.edu/driver-evaluation/

**National Program Locater**

American Occupational Therapy Association  
aota.org/older-driver

Association of Driver Rehabilitation Specialists  
866-672-9466 | bit.ly/aded1

CAR COMFORT AND SAFETY

**Assistive Accessories for Your Car:** Devices to optimize comfort and safety  
bit.ly/assist-accessories

**CarFit:** Program evaluates how well a driver and their vehicle 'fit' for safety and comfort  
car-fit.org

**Smart Features for Older Drivers:** Adapting a vehicle to accommodate physical changes  
seniordriving.aaa.com/SmartFeatures
ADAPTIVE EQUIPMENT FOR VEHICLES
Resources for non-prescription items such as the handybar, leg lifter or swivel seat

Performance Health - items available online
800-323-5547 | performancehealth.com

In-store: Walmart, drug stores, automotive stores
Online: Allegromedical.com; Amazon.com

ADDITIONAL RESOURCES

California Department of Aging: Services to older adults
916-419-7500 | aging.ca.gov

California Department of Motor Vehicles dmv.ca.gov
Drivers Handbook bit.ly/dmv-handbook
Information for Seniors bit.ly/TREDS_DMV
Practice Tests - Sample questions to prepare to take a written test
bit.ly/dmv-practice-tests
Senior Ombudsman Program - a free service to assist older drivers with DMV-related issues
bit.ly/dmv-ombudsman

California Highway Patrol: Provides "Age Well, Drive Smart" classes in the community
To find your local CHP office, go to chp.ca.gov/find-an-office

ChORUS: Clearinghouse for Older Road User Safety: A centralized source of information pertaining to highway safety for aging drivers roadsafeseniors.org

Getting by Without Driving: Transportation options for when one stops driving
bit.ly/without-driving

Getting There Worksheet: Questions to ask about alternative transportation options
bit.ly/getting-there-worksheet


Transportation Cost Worksheet: Determines the annual expense of owning and operating a car
bit.ly/transportation-cost

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