



## Stay Current on Teens and Alcohol

Text “**TREDS1**” to 555888



Sign up for parent-focused text messages from UC San Diego's Training, Research and Education for Driving Safety (TREDS) program.

You will receive information about:

- ◆ Classes and events on teen driver safety and underage drinking prevention
- ◆ Trends regarding alcohol and drug use by teens and young adults
- ◆ Tools and resources to support your teen as they face life's challenges

*You will receive no more than two text messages per month, and you can unsubscribe at any time*

Email: [treds@ucsd.edu](mailto:treds@ucsd.edu) | Web: [treds.ucsd.edu](http://treds.ucsd.edu)