

The Distraction Zone — Preview

UC San Diego TREDs | Accessible Transcript | Duration: ~1:14

https://www.youtube.com/watch?v=rCMBT_0bqLs

About This Document

This document is an accessible transcript for the Distraction Zone course preview video. The preview introduces the course with clips from the full program and a narrator describing the course content and format. It includes full dialogue, speaker identification, and audio descriptions of important visual content not conveyed by speech. This transcript meets UC San Diego digital accessibility standards (WCAG 2.1 AA).

Transcript

[0:00 – 0:18]

[Audio Description: A fast-paced highlight reel opens the preview, pulling clips from throughout the course. Scenes include the pet driving gag, the Distraction Zone dramatic introduction, and the nomophobia actor in a forest with no cell signal. Upbeat music plays underneath.]

ACTOR (clip): Look how safe you're driving. Look how...

NARRATOR (clip): Welcome to a training experience that defies your expectations.

ACTOR (clip): Stupid national park — stupid trees, stupid mountains, and zero bars.

NARRATOR: Welcome to the Distraction Zone.

[0:18 – 0:57]

[Audio Description: Additional course clips are shown as the narrator describes the program — including the Amanda texting scene, the candy distraction gag, and the chainsaw comparison graphic. On-screen text may display key course details such as duration and format.]

ACTOR (clip): Oh — feedback from Amanda!

NARRATOR: ...is an entertaining course that educates about the dangers of driving distracted in today's world.

ACTOR (clip): Ooh, candy.

NARRATOR: Would you send a text while using a chainsaw? Probably not. This 45-minute online program explores the many distractions drivers face and the serious consequences of driving distracted. Engaging activities and humor sprinkled throughout offer strategies to stay focused and safe behind the wheel.

[0:57 – 1:14]

[Audio Description: The narrator delivers a direct call to action. On-screen text displays information about the free course and certificate of completion. The Distraction Zone title card appears as the preview ends.]

NARRATOR: And this course is completely free. What's your excuse? Finish it and get a certificate of completion — suitable for framing. Buckle up for the Distraction Zone — available on a computer near you.

End of Preview