



DRIVE SAFER DRIVE LONGER

The UC San Diego Training, Research and Education for Driving Safety program offers

Drive Safer, Drive Longer

to promote safe driving for aging road users

WHAT IS THE PROBLEM?

By 2030, one in five drivers will be over the age of 65. Driving has been the primary mode of transportation used by the current adult population. For many, it has been decades since receiving driver education, and unsafe habits can develop over time. Refresher education classes can reinforce the rules of the road and encourage safe driving behaviors.

WHAT IS “DRIVE SAFER, DRIVE LONGER”?

A free one-hour class for aging drivers is presented by law enforcement and public health professionals. It can be delivered at senior centers, residential communities, and organizations that serve older adults.

WHAT WILL AGING DRIVERS LEARN?

- How aging and health can impact driving
- Top collision factors
- Safe driving strategies
- Self-assessment tools
- Tips for vehicle comfort and safety
- DMV licensing procedures and services
- Resources that support safe driving

WHAT ARE POTENTIAL BENEFITS?

- Improved safety and mobility of aging drivers
- Safety for all roadway users

For more information, email treds@ucsd.edu or call (858) 534-8386

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration

